Acknowledgements

Part One: Dignity

Introduction: This Is Not What I Thought Would Happen Next: The Dementia Diagnosis

Chapter One: What I Want Most Is Respect: Dignity and Life with Dementia

Reflection on Psalm 23

Chapter Two: I Learned to Join in the Journey: Dignity as Accompaniment

Reflection on Psalm 38

Chapter Three: I Know These People Mean Well: Dignity and Congregations

Reflection on Psalm 8

Part Two: Grace

Introduction: I Try to Give Him Choices: Grace in Everyday Life

Chapter Four: What's Love Got to Do with It? Grace and Love

Reflection on Psalm 107

Chapter Five: If Only ...: Grace and Forgiveness

Reflection on Psalm 51

Chapter Six: Reality Is a Cloud of Possibilities: Grace and Creativity

Reflection on Psalm 34

Afterword: Tough Hope

Resources

Appendix: A Stress Management Exercise

Notes

Glossary